

Got NetSmartz?

TIPS FOR TEENS

CYBERBULLYING



AVOID GOSSIP.

Everyone's bound to get a little excited by those oh-so-dramatic high school scandals, but that doesn't mean you have to text the latest rumor to everyone you know.

DON'T FEED THE CYBERBULLIES.

Ignore mean or threatening messages. Block the sender and file a report with the website, cell phone service, or police.

BYSTANDERS ARE GUILTY, TOO.

If your friends are cyberbullying someone and you stay silent, you're just as guilty as they are. Speak up and keep your friends in check.

SHARING TOO MUCH



INITIATE OPERATION PROFILE CLEAN-UP.

Scrub your page of everything too personal, embarrassing, and illegal. Those pictures of you passed out next to the empty bottles are not going to look so cool when you start applying for college.



STOP. THINK. PUT YOUR CLOTHES BACK ON!

You know those pictures of you wearing next-to-nothing and making kissy faces or flexing in the mirror? You might think it's sexy, but the law doesn't, so do yourself a favor – don't send them; don't forward them.

PROTECT YOUR SPACE.

Use privacy settings and don't accept just anyone as a friend. Do some investigating – Who are they? Why would you hang out with them?

ONLINE PREDATORS



RECOGNIZE THE DIFFERENCE BETWEEN CUTE AND CREEPY.

Think about it – an older guy who wants to date someone younger is just creepy. It's not flattering; it's illegal! So don't friend them and don't meet them offline.

DON'T JUST SIT THERE – REPORT!

If you or someone you know has been victimized by someone you met online, report them to the police and www.cybertipline.com.

TRUSTED ADULTS



TALK TO YOUR PARENTS OR GUARDIANS. THEY'RE NOT AS UPTIGHT AS YOU THINK.

Sometimes adults freak out about what you're doing online because you never tell them anything. Keep them in the loop so they know they can trust you.

NetSmartz.org/TipSheets